

RaHad version

SHAKEN NOT STIRRED

Choreographed by: Paul McAdam (Oct 09)
 Music: **Don't Get Me Shook Up** by Duke Robillard
 Descriptions: 48 count - 4 wall - Beginner/Intermediate level line dance

Count in: 48 counts into song on approximately 27 seconds

1-8 2 Walks Back, Coaster Cross ¼ Turn, Hip Ball Cross X2

1,2 Walk back on left foot, walk back on right foot
 3&4 Step back on left foot, step right foot together, make a ¼ turn left and cross left foot over right
 5&6 Bump hips a small bump left, step right foot to right side cross left foot over right
 7&8 Repeat steps 5&6

9-16 ¼ Turn Side, Cross Shuffle, Switch X2, Jump Forward & Back

1,2 Step right foot to right side, make a ¼ turn left and step left foot to left side
 3&4 Cross right foot over left, step left foot to left side, cross right foot over left
 5&6 Touch left toe out to left side, step left next to right, touch right toe out to right side.
 &7 Step right foot forward, step left foot next to right
 &8 Step right foot back, step left foot next to right

17-24 Walks X2, Shuffle, Step ½ Turn Shuffle

1,2 Walk forward right, walk forward left
 3&4 Right shuffle forward
 5,6 Step forward on left foot, pivot ½ turn right
 7&8 Left shuffle forward

25-32 Hip Bump Touches X2 Hip Bump Turns X2

1&2 Touch right toe to right diagonal and bump right hip, bump hip back over left foot, step right foot on right diagonal
 3&4 Touch left toe to left diagonal and bump left hip, bump hip back over right foot, step left foot on left diagonal
 5&6 Make a ¼ turn left and touch right toe to right side bumping right hip, bump hip back over left foot, make a ¼ turn left and step back on right foot
 7&8 Make a ¼ turn left and touch left toe to left side bumping left hip, bump hip back over right foot, make a ¼ turn left and step left foot forward

33-40 Rock Recover ½ Turn Shuffles X2

1,2 Rock forward on right foot, recover on left
 3&4 ½ turn shuffle over right shoulder
 5,6 Rock forward on left foot, recover on right
 7&8 ½ turn shuffle over left shoulder

41-48 Heel Jacks X2 ¼ Turn Heel Jacks X2 With Touch

&1&2 Step right foot to right side, touch left heel to left diagonal, step left foot down, cross right foot over left
 &3&4 Step left foot to left side, touch right heel to right diagonal, step right foot down, cross left foot over right
 &5&6 Make a ¼ turn left and step back on right foot, touch left heel to left diagonal, step down on left foot, cross right foot over left
 &7&8 Step left foot to left side, touch right heel to right diagonal, step right foot down, touch left toe next to right foot.

Start Again And Enjoy!

Yipee
 Always fun!